

Welcome to the Tell Tale Hearts

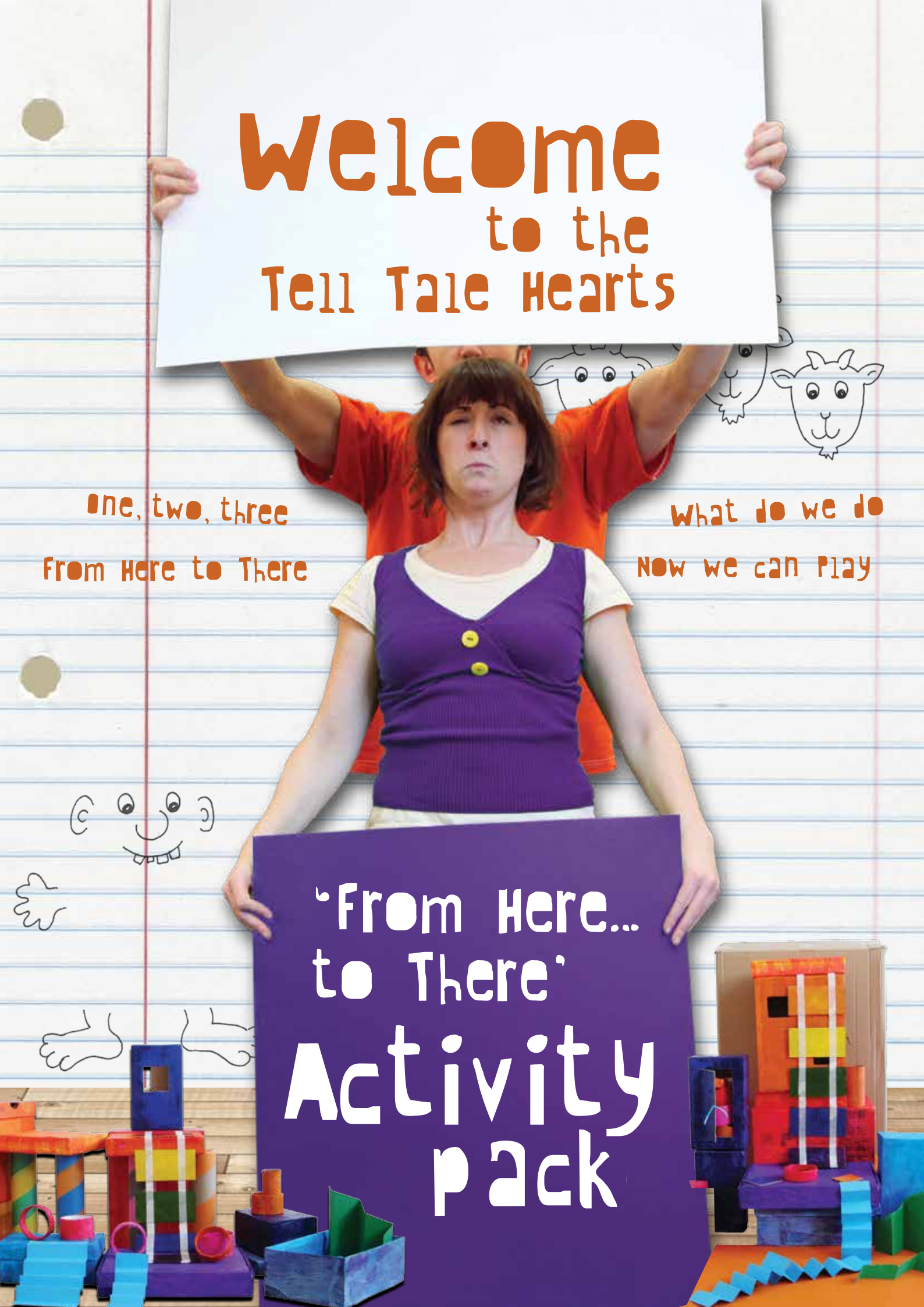
one, two, three

From Here to There

What do we do

Now we can play

‘From Here...
to There’
Activity
pack



Welcome to the Tell Tale Hearts 'From Here...to There' Activity pack

We hope that you and your child/children have enjoyed the performance and 'play' session that followed the show. This pack is designed to give you some ideas for how to further explore some of the games and ideas introduced in the performance. We very much hope that you will enjoy sharing in these activities with your little ones and if you have had any particularly surprising or amazing findings we'd love to hear about them – please feel free to contact us!

Tell Tale Hearts believe in engaging children in meaningful theatrical experiences where they can actively participate in the world created around them. A key element of our success in this process is constantly returning to the wonderful world of play! Games, imagining, make-believe, role-play, pretending – all these are ways in which young children explore, digest and make sense of the world around them. It is a world they can access instantly and one in which they understand the vocabulary – even before they can speak! This activity pack offers ideas in which you can join your child/children in the world of play; exploring and learning as you continue your journey from here to there together.

Our activities can be dipped in and out of at your leisure or you can follow the pack from start to finish completing every activity on the way. We have included activities which cover several art forms and provide's stimulus for many journeys – depending where your child's imagination takes you! We have linked all our 'making' activities under 'what do we do', with suggestions of how they can be used in, 'from here to there', and if that isn't enough we suggest ways that you can 'play' and enjoy role-play, games and tasks under, 'now we can play'. We have tried to make some activities suitable for the younger ones and then given further developmental suggestions for older children. We hope you will enjoy building bridges with your child/children through these activities, and most importantly have fun!

Before you start building bridges - here's a message from our artist to you:

Each 'Here to There' art activity requires adult supervision and assistance. Some projects (and some Little Explorers) will need more help than others. Little Explorers lead the way. They decide how things look, where things go and what colours and materials they want to use. Our job is to help with the tricky bits like cutting bits out, holding things and helping to stick bits together. Read through the activities before you begin so you know what you're going to do. Make sure that you've got everything you need (and always make sure materials are safe and appropriate for your child). These ideas are starting points for creative journeys. Have fun and let your Little Explorers experiment – there are lots of different ways to get from 'Here to There'!

COLOUR BOXES AND COLOUR TUBES

Lots of exciting things come in boxes but the boxes are the most exciting bits!

Little Explorers can have great fun learning through play with boxes.

Stack, balance, open, close. Boxes can be houses, cities, bridges, cars, boats, anything!

It can be even more fun if you help your Little Explorers decorate the boxes.

one, two, three

+ Cardboard boxes+tubes
(check they're clean and look out for sharp bits like staples)

Any of:

+ Coloured paper and card, glue, masking tape, bleed resistant tissue paper, crayons, paints

What do we do

- + Put small objects like pegs in boxes and tape shut to make rattle and shakers.
- + Stuff boxes with newspaper and tape shut to make solid boxes.
- + Cut 'windows' and 'doors' to make 'houses' and 'what fits' boxes.
- + Tape some boxes closed and leave some that are open or have separate lids.
- + Cover the boxes with bleed resistant tissue paper to add colour and texture. Little explorers can choose the colours and help with sticking.
- + Cover boxes with plain paper for Little Explorers to paint or draw on.
- + Decorate empty kitchen, toilet and sticky tape rolls to make 'colour tubes'.
- + Roll and tape coloured card to make different sized colour tubes.

From Here to There



*Building bridges, building bridges. Here to there.
Building bridges, building bridges. Make and share.*

*Building bridges, building bridges. Me and you.
Building bridges, building bridges. What do we do?*

*Building bridges, building bridges. One, two, three.
Building bridges, building bridges. You and me.*

*Building bridges, building bridges. Three, two, one.
Building bridges, building bridges. Lots of fun*



COLOUR BOXES AND COLOUR TUBES

From Here to There

Little Explorers can create whole new worlds with their colour boxes and tubes.

- + Combine with sheets of coloured card and paper; cut, tear, fold, tape and scrunch.
- + Can you make a park, a city, a bridge?
- + Little Explorers can add their puppets, toy animals, cars etc to their landscapes.

one, two, three

- + Cardboard boxes+tubes (check they're clean and look out for sharp bits like staples)
- Any of:
- + Coloured paper and card, glue, masking tape, bleed resistant tissue paper, crayons, paints

Now we can play.....

- + Now that you have created a mini world out of your old boxes and tubes, encourage your little one(s) to animate their world with toy cars, lego characters, farm animals, paper cut out people, etc. You can play with your children using similar objects. Invest in making sounds for the objects you are using ie. brum brum for a car – or wait to hear what noises your little ones make and try and copy theirs! The mini world can always change when they are tired of it as one thing ie. a city, change it to a park, car park or farm!
- + If you want to mimic the show you can also animate your mini world with your fingers as little people – this is a wonderful way to interact with your children, and role play different scenarios ie. getting up in the morning and ready for nursery. What is different about how you get ready on a sunny, rainy or wintry day? Try to let your little ones lead with the game once you have set it up, if you feel they are flagging throw in a question like; 'What's the weather like outside?', 'where are we going today?', 'How can we get there?', etc...



Three Billy Goats Gruff

+ It's going to get a little bit messy so put lots of newspaper down.

What do we do

- +** Copy or trace the three goat faces onto card. (they're on the back of this page)
- +** Colour the faces.
- +** Cut them out.
- +** Cut the three toilet rolls to different heights.
- +** Stick the faces on the top of the tubes (smallest horned goat on smallest tube, biggest horned goat on tallest tube)
- +** Give the goats nice shaggy coats by decorating them with drawing or tissue paper
- +** Put a crease at the base of each tube to make legs
- +** Give your goat a little tail

From Here to There

Now you have 3 billy goats just like in the story of 'The Three Billy Goats Gruff'. Follow the 'Scribble and roll Troll' instructions to make your troll and then you have all the characters you need to re-enact the story with your children.

Now we can play.....

Look at the 'Now we can play' instructions for the scribble and roll troll for ideas on how to use your Billy goats.

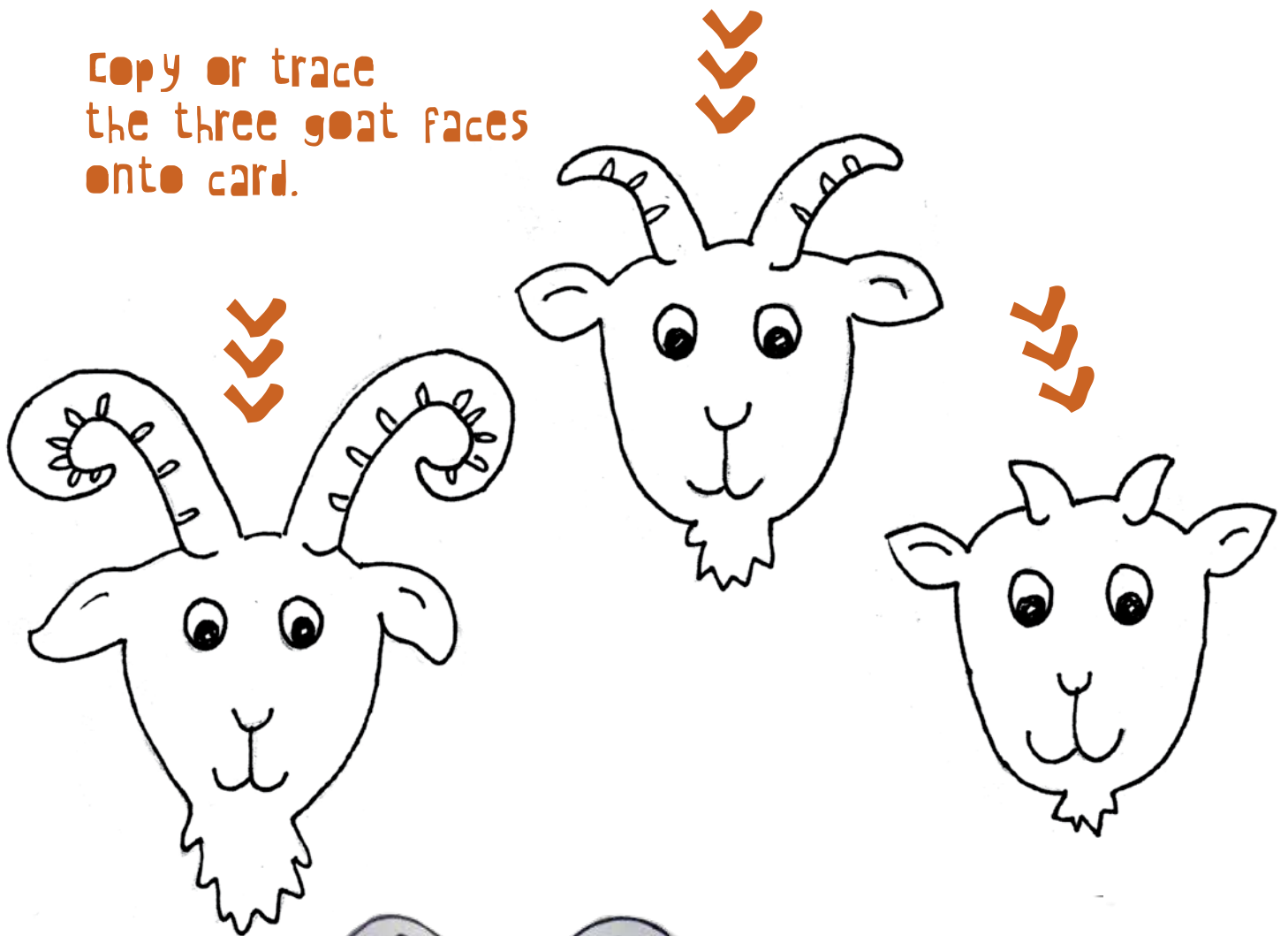
one, two, three

- +** Thin white card
- +** Three small cardboard tubes (toilet roll tubes are a good size)
- +** Crayons
- +** Glue or tape
- +** Tissue paper



Three Billy Goats Gruff

Copy or trace
the three goat faces
onto card.



Scribble and Roll Troll

- + The Troll has big ears to listen for food, a big nose so it can smell food, big eyes to look out for food and big hairy feet, well, just because it can!

What do we do

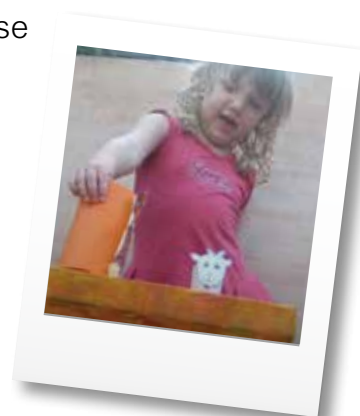
- + Copy or trace the Troll's features onto a piece of card.
- + Little Explorers can draw colourful crayon scribbles to join everything up.
- + Cut out the Troll and stick onto a cardboard tube so he stands up.

Now we can play.....

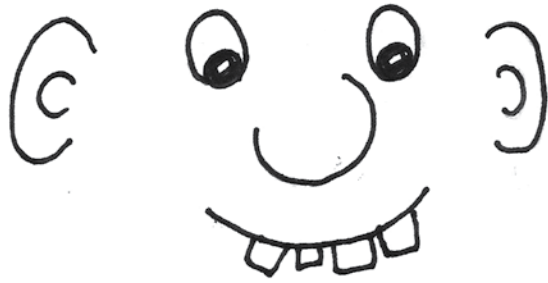
- + You should now have 3 billy goats and your scribble and roll troll to use as puppet characters to re-enact the story of 'The Three Billy Goats Gruff!'. If you need to be reminded of the story please refer to the next page for a copy of the text.
- + Using the boxes and tubes from the 'Build a mini world' exercise see if you and your child/children can build a bridge as a home for the troll. If you want you can have some green paper/card for the grass on one side of the bridge and brown paper/card for the side where the goats live (who have eaten all their grass!)
- + If your child or children are confident then it is best to hang back and observe their play. However, if your child or children need a hand then hopefully the following tips should help you.
- + Start animating one of the goats, and try drawing your child/children into the scenario by asking them, 'Is your goat hungry too?'. Set up the play to see if they copy and mimic your game. As they grow in confidence, then start to lead less and let their game take over – even if it means they stop following the narrative of the original story – it doesn't matter!
- + Ask who wants to be the troll – everyone can have a go – so this a good way of using 'turn taking' if you have more than one eager child. You can swap who is the troll for each goat that tries to cross the bridge. If you have more children that want to play, repeat the story!
- + If you find your child/children are hanging back and enjoying watching you animate the characters then why not 're-play' the story for them – afterwards leave the bridge and goats where they are, but move away as if about to do something else. In time see if any of your children are now re-enacting the story for themselves.

one, two, three

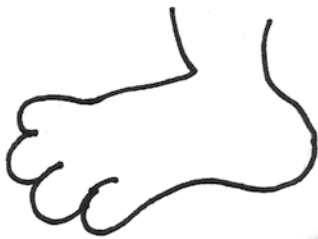
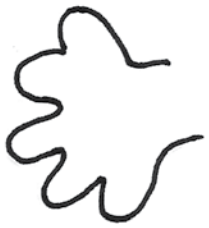
- + Thin white card
- + Crayons
- + Small cardboard tube
- + Glue or tape



Scribble and Roll Troll



Copy or trace the Troll's features onto card.



then cut it out



Three Billy Goats Gruff

The Story from Norway

Once upon a time there were three billy goats; a big billy goat, a medium billy goat and a small billy goat who was the youngest. They had eaten all the grass on their side of the river and had nothing left to eat. On the other side of the river across a bridge was a hillside of beautiful green grass but under the bridge lived a great ugly troll, with eyes as big as saucers, and a nose as long as a carrot.

So first of all came the youngest Billy Goat Gruff to cross the bridge.

"Trip, trap, trip, trap!" went the goat's hooves across bridge.

"Who's that tripping over my bridge?" roared the troll .

"Oh, it is only I, the tiniest Billy Goat Gruff , and I'm going up to the hillside to make myself fat," said the billy goat, with such a small voice.

"Now, I'm coming to gobble you up," said the troll.

"Oh, no! Don't eat me. I'm too little," said the billy goat. "Wait a bit till the second Billy Goat Gruff comes. He's much bigger."

"Well, be off with you," said the troll.

A little while after came the second Billy Goat Gruff to cross the bridge.

Trip, trap, trip, trap, trip, trap, went the goat's hooves across the bridge.

"Who's that tripping over my bridge?" roared the troll.

"Oh, it's I, the second Billy Goat Gruff , and I'm going up to the hillside to make myself fat," said the billy goat, who hadn't such a small voice.

"Now I'm coming to gobble you up," said the troll.

"Oh, no! Don't eat me. Wait a little till the big Billy Goat Gruff comes. He's much bigger."

"Very well! Be off with you," said the troll.

But just then up came the big Billy Goat Gruff .

Trip, trap, trip, trap, trip, trap! went the bridge, for the billy goat was so heavy that the bridge creaked and groaned under him.

"Who's that tramping over my bridge?" roared the troll.

"It's I! The big Billy Goat Gruff," said the billy goat, who had a loud gruff voice of his own.

"Now I'm coming to gobble you up," roared the troll.

But the big billy goat lowered his head and flew at the troll, and tossed him over the bridge and into the river where he was never seen again. The big billy goat carried on to the hillside and joined his friends where they all enjoyed the fresh green grass.

Snip, snap, snout.

This tale's told out.



Things to wear

From Here to There

Little Explorers might already have discovered that Colour Tubes can make great costumes, help them make some other bits that fit on arms, legs or heads.

What do we do

- + Decorate card with crayons
- + Cut or fold into strips.
- + Trim with tissue paper shapes and fringes.
- + Roll or fold and tape to make simple hats, cuffs etc.

one, two, three

- + Coloured card
- + Masking tape
- + Tissue paper
- + Crayons
- + Glue



From Here to There

Now you can let your little ones dress up in their hats, cuffs or leg guards. Try to facilitate taping the card around whichever body part they want to wear it – however bizarre it might be.

Now we can play.....

- + Now that they are dressed up who are they? Are they super heroes, soldiers, princesses or robots?
- + How can they move in their new card costume?
- + Try playing different music and see how they move/dance to the music – are they in character. If you like play 'musical statues' with them in their costume.
- + If you are feeling ambitious ask one of the soldiers to guard the bridge, see if one of the super hero character's can get across the bridge using his/her super powers. Use the template of the 'troll' guarding the bridge and the billy goat trying to get across as an inspiration to remodel the situation for their costumed characters, ie. dragon and knight, princess and witch, etc. You can always introduce different fairy tales into the mix and have little red riding hood and the wolf, etc...



Billy goat shoe box

+ It's going to get a little bit messy so put lots of newspaper down.

What do we do

- +** Make sure the shoe box is empty (remember to keep any tissue paper).
- +** Tape the lid on the box along one of the short ends to make a hinge.
- +** Turn the box over so that it is standing on its lid.
- +** Draw two horn shapes onto cardboard (you can draw round a banana to make the shape) and cut them out.
- +** Tape the horns onto the box at the hinge end.
- +** Cut two big eyes out of cardboard or paper and stick them on.
- +** Scrunch the paper bags or scrap paper to make two ears and tape onto the sides just below the horns.
- +** Tear the tissue paper into pieces and cover the box. You can be as free as you like with the tissue paper to give the goat a lovely scruffy coat.
- +** Stick long strips of tissue on the bottom edge of the lid to make a beard.
- +** Draw or paint the nostrils and mouth (a 'Y' shape with the 'v' part down below the eyes and the stalk part down the short end to the lid).

one, two, three

- +** A shoe box
- +** Tissue paper (there might be some in the shoe box)
- +** Glue
- +** Masking tape
- +** Two small brown paper bags or some scrap paper
- +** Scrap cardboard
- +** Crayons or pencils
- +** Paints (optional)



Billy goat shoe box

From Here to There

Now you have your Billy goat shoe box try using him like a dragon's head (as they do in Chinese dragon dances).

Now we can play.....

- + Let one child hold the head at the front, put on some good rhythm music and let the child move around following the head, creating a goat dance.
- + If they are confident try covering their back with some cloth, if others want to join why not create a little goat head train – where they all hold on to the waist of the child in front.
- + To give further inspiration to your child/children narrate different environments that they can pass through as the goat train ie, walking through the long grass, crossing the cold water, climbing the hillside, skipping over rocks, etc...
- + Use the Billy goat shoe box for playing a new version of 'simon says...' but replace Simon's name with, 'Billy goat gruff says...' Ask your child/children to become trolls, billy goats, cars, trains, boats, and bridges, etc...
- + Use the goat shoe box as a puppet. To encourage their ideas, model the puppetry for them and ask them questions about where they live, what they eat, etc. as the goat.
- + Tell the children that the goat is going to be staying with you for a while so we need to make a nice bed for it, and make sure you have food to feed it. Different children can be in charge of looking after the shoe box goat on different days. Observe if they animate or puppeteer the goat when looking after it. Ask them afterwards to report back what kind of day the goat has had whilst being looked after by them and what it has eaten, been doing all day, etc...



Sticky tape pictures



Little Explorers need very little help to make these simple exciting pictures, cutting lengths of tape and helping to peel bits of masking tape off.

What do we do

- + It's going to get a little bit messy so put lots of newspaper down.
- + Cut or tear tape bits for Little Explorers to stick on the card to make a picture.
- + You can also use other sticky address labels, hole reinforcements etc.
- + Let your little explorers make patterns with their tape directly on the card. If you want to develop the pictures further why not try some of the suggestions below.
- + Try scribble colouring address labels before peeling off and sticking down.
- + Little Explorers can crayon and or paint over their tape picture. Thin paint over crayon makes fun 'wax resist' patterns.
- + When the picture is dry, you can help peel off some of the masking tape to reveal the colour of the paper underneath.



one, two, three

- + Paper or card (any colour, any size)
- + Masking tape (You can also use insulation tape, patterned sticky tape, sticky address labels etc)
- + Paints and /or crayons

From Here to There

Use the tape picture as a starting point to investigate what the picture is about with your little explorer. Try and ask open ended questions; ie. What is in your picture? Where is it? etc. Maybe it is a picture of something they have seen in the show, or is it of something closer to home?





'From Here...to There' credits

Director **Natasha Holmes**
Musical Director **Michael Szpakowski**
Design **by the company in collaboration with Catherine Baines**
Lighting Design/Set Construction **Lars Jensen**
Set painting **Catherine Baines**
Costume **Jo McFarlane**
Poetry **Jan Jeans**
Original Cast **Noel Byrne & Simone Lewis**

activity pack credits:

'make and do' activities **by artist Helen Thomas**
'now we can play' activities **by Natasha Holmes**
graphic design **by sprucecreative**

'From Here... to There' was devised by the company in collaboration with the Lawrence Batley Theatre Huddersfield. We would like to thank the following artists and organisations for their invaluable contribution to the creative process and kind support; Alastair Chisholm, Emma Hirons, Matthew Tanner, Luke Dickson, Maggie O'Keeffe, Ruth Churchill Dower, Jo Belloli, Helga Gruber, Valeria Frabetti, Erin Braithwaite, Matthew Gaunt, 'Playmates' nursery, Silkstone Pre-school, Mapplewell village hall nursery, Earlyarts, Theatre Hullabaloo and Tutti Frutti Productions.

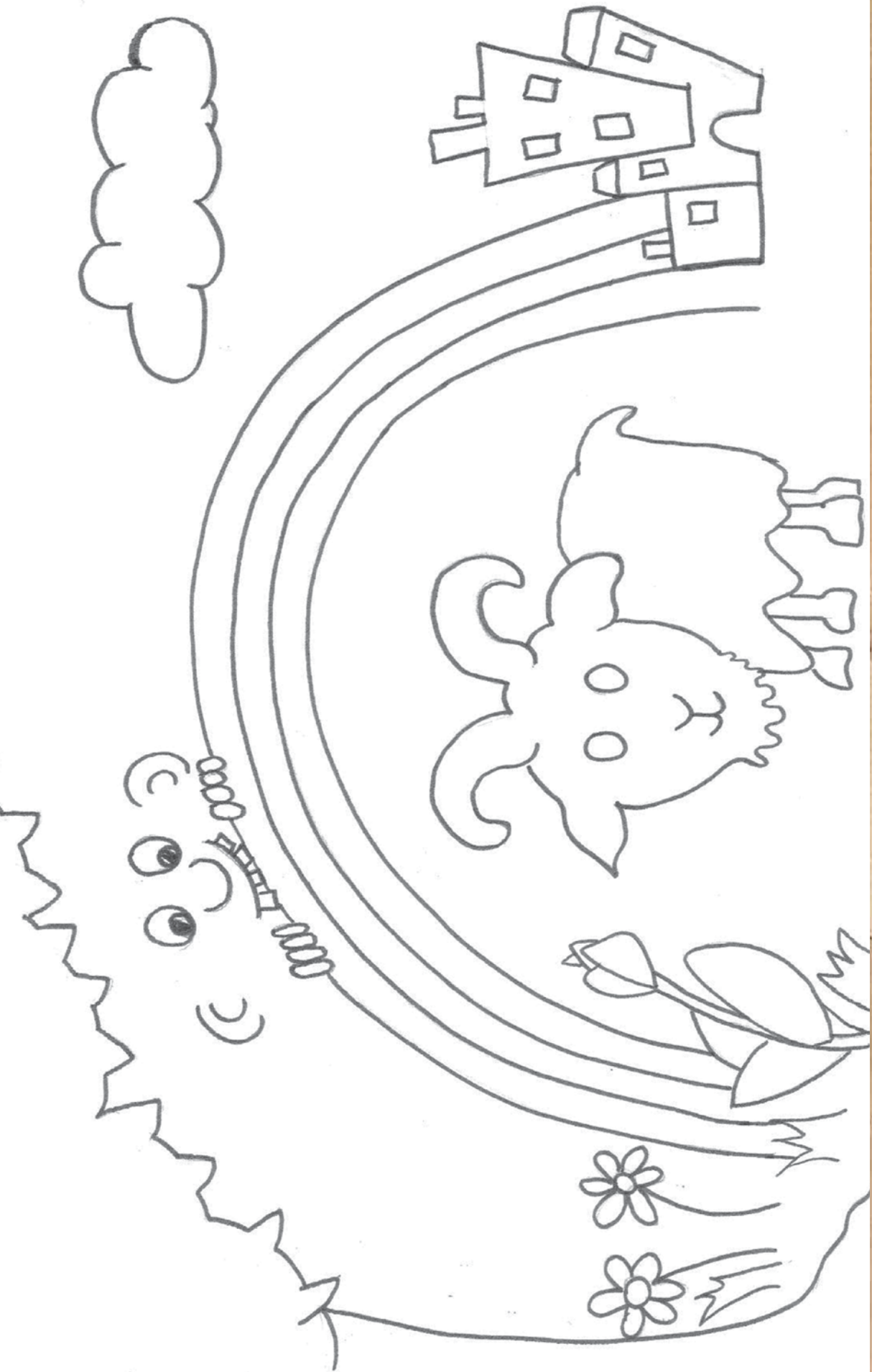
The idea for the show was born out of an international exchange programme co-ordinated by Earlyarts and involving La Baracca from Bologna and Toihaus from Salzburg.

COMPANY DETAILS

TELL TALE HEARTS c/o The Lawrence Batley Theatre,
Queen's Square, Queen Street, Huddersfield HD1 2SP
E info@telltalehearts.co.uk W www.telltalehearts.co.uk

Tell Tale Hearts
Children's Touring Theatre Company





colour me in

